# InBalance 300

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## **Body Composition Analyzer**

# Anytime, Anywhere.. Real Smart "InBalance"

InBalance 300 is a Body Composition Analyzer which can access the data anytime, anywhere via app or web.



www.inbalance.co.kr



# Anytime, Anywhere. Real Smart "InBalance 300"

Smart in Every Sense! Experience of Convenience!!

# Rich Information in Simple Form!



#### Perfect Basics in Body Composition Analysis

- » Overall obesity diagnosis using BMI & body aft mass ratio
- » Waist-hip ratio & Visceral fat area analysis
- » Segmental analysis for fat & muscle
- » Well-formatted display with easy data recognition
- » Observation of changing trend by accumulated data management

#### Conveniences for Both of User and Admin

- \* InBalance 300 app is available at Apple App Store and Google Play Store.
- » Wide scale (10.1") touch screen LCD for user convenience » Intuitive UI for self measurement
- » Offering overall data for easy understanding
- » Measured data management by user registration
- » Offering App for membership management, for administrator in hospitals or for trainers in the gym (Optional)

### Connectivity Makes it Smart

- \* InBalance 300 app is available at Apple App Store and Google Play Store.
- » Automatic upgrade of the built-in software
- » Internet connectivity via WiFi and LAN
- » Wireless (Bluetooth, WiFi) printer supported
  » External interface for interconnection with other devices
- (BP monitor, stadiometer, exercise equipment and so on)
- » Web & mobile app supported based on cloud service
- » Simple membership management using barcode
- » Designed based on standard API for other medical devices and healthcare services to be connected to the same Smart Healthcare Platform

#### App & Web Service Smart Device.

» Registered user can access the recorded measuring data anywhere, anytime.

#### **Ergonomic Design**

» Wide Display and fixed hand grips are ergonomically designed to offer comfortable measuring posture to everybody.

#### Screen Configuration for Self-Use

» Intuitive display UI enables users to measure without assistance.

#### Auto Update

» Keep the unit updates automatically to maintain ultimate working condition.





# High Performance with Cost Effectiveness! InBalance 300 is Enough for Most Applications.



InBalance 300 is a real portable and foldable body composition analyzer based on 4 frequencies(5kHz, 50kHz, 100kHz, 250kHz), segmental BIA (Bioelectrical Impedance Analysis).

User's own smartphone or tablet could be used with InBalance App, which is available in Apple App Store and Google Play Store.

# Rich Information in Simple Form

### Accurate Body Composition Analysis

InBalance 300 offers precise analysis of body compositions in consideration of individual weight, height, gender, age, and diagnose obesity.

### Precise Measurement Using Multiple Frequencies

In Balance 300 uses 4 frequencies (5kHz, 50kHz, 100kHz, 250kHz), and offers actual impedance value.

### Tetrapolar 8-point tactile BIA method

4 each tactile points in hands and foots, and 2 frequencies provide more precise analytic results.

# The best solution for chains of fitness center & gym





Thanks to above smart features, smart member management is available in a gym, and in particular, gym chains with an optional mobile app supplied by third-party supplier.

- » Easy sign-in using a bar code displayed on app
- » The measuring result is displayed right away on the app, and/or on the web, and is saved automatically on the gym server and/or in service cloud
- » In case of the gym chains, the measuring records could be checked in any gym of the chains
- » Various kind of exercise and dietary recommendation is available on the app and/or web



# Rich Information in Simple Form

ID Bio12		Gender Male	Age 34		Heigh	nt	Weig n 75.		Date 201	8.00	5.14		6	0	vera	II Asse	essment		
Body (	Compos	ition Ar	nalysi	S							():Sta	Indard			3/100				
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ECF		13.0		<b>39.</b> (31.79~	<b>18</b> 43,23)	2	19.9						Y	Body (	verfa		II Ra	ແບ	
Extra-Cellular Flui Protein	(ℓ) (kg)	10.7	,			(44.	8~54.75)	(48	53.5 3.07~58.75)		75.0			-	men Ob				
Mineral	(kg)	(7.63~9. <b>3.64</b>	t I							(	4.04~73.	12)		Miner	al 5.5~1	5.0%	NOR		
Body Fat	Mass (kg)	(3,69~3, 21,5 (8,14~13)	5											Protei		~15,0%	A L	V-	1
Skolat	al Musc				olvoio									Fat	12~2				2
Skelet			nder	S AII	Normal				Over					TBW	50~6			-	5
Weight	(kg)	55	70	85	100	115	<sup>130</sup> 75.0	145	160	175	190	205					+		-
SMM Skeletal Muscle M	(kg)	70	80	90	29	.2	120	130	140	150	160	170	8	Weigh			9	Calori	
Body Fat	Mass (kg)	40	60	80	100	160	<b>2</b> 20 <b>2</b> 1		340	400	460	520		Standard V	Veight	63.	6kg	Ba: Metabo	
Muscle N	ass (kg)	55	70 70	85 85	100 49	9.9	130	145	160	175	190	205		Normal We	ight	63.	7kg	1526	51
Fat Free	Mass (kg)	55	70	85	53	3.5	130	145	160	175	190	205		Weight Cor	ntrol	-11,	-	1 Day F Cal	₹e ori
Obesit	y Analys	sis												Fat Control		-11.	-	2289	
BMI	0.1.0	Ur 10	nder 15	18	Normal	25	30	35	Over	45	50	55		Musdle Co		0.0	-	1 Day Rec Calc	orie
Body Mass Index	(kg/m) (%)	8.00	13	18	23	28	26.0	38	43	48	53	58		Musue ou		0.0	кy	2010	)ŀ
Percent Body Fat	egree (%)	55	70	85	100	115	28.6 118.0	145	160	175	190	205		Impeda	nco				
Maint	Lin Def	ie Are	lucio				110.0							Impeac	RA	LA	TR	RL	i
vaist-	-Hip Rat		nder		Normal				Over					5kHz	368,3	361,8	34.4		
Waist-Hip	Ratio	0,50	0,60	0,75	0,80	0,85	0.90	0.91	1.10	1,20	1,30	1,40		50kHz 100kHz	324.3 306.3	321.0 303.5	26.5 26.5		
Visceral F	at (cri)	55	70	85	<sup>100</sup> 98	.6 <sup>115</sup>	130	145	160	175	190	205		250kHz	273.6	272.8	23.5		
Type of C	besity			Upp	per body	obesi	ity abdoi	minal o	besity										
Segm	ental An	alysis						_	: Mu	iscle Bas	ed standa	ard W		Data H	ioton				
		Ur ss	nder 70	85	Normal	115	130	145	Over	175	190	205			_	v (kg/m²)	N(kg)	BFM(%)	
Right Arn	Muscle (%)			8	5.1(2.9	9 kg)								2018.05.2			75.5	28.8	
	Fat (kg)	40	60 70	80 85	100	160 <sup>°</sup>	4 220	280	340	400	460	520 205		2018.05.2			75.0	28.6	
Left Arm -	Muscle (%)	55	70		35.4(2.		130	145	160	175	190	205		2018.06.			74.2 74.2	27.4 27.4	
	Fat (kg)	40	60	80	100	<sup>160</sup>		280	340	400	460	520		2018.06.			4.2	27.1	
Trunk	Muscle (%)	55	70	<sup>85</sup> 8	4.9 (23	115 9 kg)	130	145	160	175	190	205		Remarl	ks				
	Fat (kg)	40	60	80	100	160	220	280	12 <u>.</u> 9	400	460	520							
Right Leg	Muscle (%)	55	70	<b>8</b> 5 <b>8</b> 2	2.9 (8.5	115 kg)	130	145	160	175	190	205							
r ugrit LOG	Fat (kg)	40	60	80	100	<sup>160</sup> 2.	9 220	280	340	400	460	520							
LoftLog N	Muscle (%)	55	70	<b>8</b> 2	2.9 (8.5	115	130	145	160	175	190	205							
Left Leg		40	60	80	100	160	220	280	340	400	460	520							

# Rich Information in Simple Form

### Body Composition Analysis

Body composition data is offered in comparison with average values of standard range.

### Rich Information about Fat & Muscle

Muscle mass, skeletal muscle mass, fat mass and fat free mass are presented.

### Obesity Analysis

BMI, percent body fat and obesity degree are analyzed for obesity diagnosis.

### Abdominal Diagnosis

Determination of abdominal obesity type by measuring waist-hip ratio and visceral fat.

### Segmental Analysis

Fat and muscle mass of the 5 different segments (trunk, arms and legs) in comparison with standard values are presented.

### Overall Assessment

The outcome of measured data is shown as a point out of 100 and a grade 1 to 5 for simple and easy understanding.

### Body Composition Ratio

Body water, protein, mineral and fat free mass are shown with standard range.

### Guide for Weight Control

The weight control should be based on height, measured fat mass and muscle mass, which can be used to set proper goal of weight.

### Guide for Calorie Control

Information of basal metabolic rate and recommended daily calorie is useful to control daily food consumption and calorie intake.

### History to check the changes

The 5 recent measuring data is listed by its own recording function, which is useful information to maintain weight control.

### InBalance 300 Specification

Measuring Method	Multi Frequency, Segmental Bioelectrical Impedance Analysis using 4 different frequencies(5kHz, 50kHz, 100kHz, 250kHz) to measure 20 impedances of 5 body segments (trunk, left arm, right a	arm, left leg, right leg)							
Electrode Method	Tetrapolar 8-point tactile electrodes								
Measuring Items	Body Water (Intra-Cellular Fluid, Extra-Cellular Fluid), Mineral, Prote Muscle Mass, Skeletal Muscle Mass, Segmental Muscle Mass, BMI(Bo Degree, Waist-Hip Ratio, Visceral Fat Area, Figure type, Body Rati Weight Control, Recommended Fat Control, 1 Day Required/ Recom Diagnosis, Measuring History, Impedances for each frequency.	dy Mass Index), Percent Body Fat, Obesity o, Basal Metabolic Rate, Recommended							
Measuring Range for Age	Age over 5								
Measuring Range for Weight	10 to 250 kg, 22 to 551 pounds								
Measuring Time	Within 70 seconds								
Display	10.1" IPS Panel with capacitive touch, resolution of 1280 x 800	0 pixels							
Data Storage	Measured data can be stored after login 100,000 times (off-line, using	built-in memory), unlimited (online, cloud)							
Communication Interface	USB (x4), WiFi, LAN, RS232C (x2), Bluetooth (optional, using U	SB)							
Mains(Power)	100-240V~, 50/60Hz								
Current for Measuring Impedance	500μA (rms)	<b>O O</b>							
Electricity Consumption	35VA								
Smart Function	If connected to InBalance Cloud Service by user registration and login, all the measuring history could be checked using InBalance App (Android, iOS) and web service	dance 30							
Dimension(WxDxH)	640×450×1040 mm / 25.2"×17.7"×41"								
Weight	30kg / 66lbs								
Packing Size (WxDxH)	1160×520×230 mm / 46"×20.5"×9.1"								
	31kg / 68lbs								



#### ASTERASYS Co., Ltd.

Factory : #1409, Biz-Center, 124, Sagimakgol-ro, Jungwon-gu, Seongnam-si, Gyeonggi-do, Korea Sales & R&D Center : #1005, 25 Seongsuil-ro 4-gil, Seongdong-gu, Seoul, Korea TEL : +82-2-1833-7010 / FAX : +82-2-6953-0599 / E-mail : info@asterasys.com www.asterasys.com

# ASTERASYS

#### ASTERASYS Inc. / Daihan Biomedical Inc.

21916 Dupont Circle, Tampa FL 33626, USA Tel : +1-727-216-6287 / E-mail : info.US@asterasys.com

#### ASTERASYS China

Rm 3H-12, Ouyin Center, No.6 Building, #1369 Wuzhong Rd, Minhang District, Shanghai, China Tel : +86-21-6728-5201